

# Give a Gift and Change an Ending



*In the middle of the grocery store, Sarah's phone rings. Her 11-year-old son Caleb needs to be picked up from school. Again. This time he flipped his desk and broke a laptop before storming out of class.*

*Sarah sighs, trying to decide whether she should abandon her cart and get Caleb right away or if she can wait a few more minutes and get some groceries.*

*She loves Caleb so much but how is she supposed to help him? He's only 11, what happened to her happy boy? It feels like he's angry all the time and since the pandemic began it's even worse. No wonder he has trouble making friends.*

*As if this wasn't enough to worry about, her new job isn't exactly what she had been promised. Her apartment is old and needs a fresh coat of paint, but who has the money for that. On top of it all, it's hard to schedule time for Caleb to visit his dad now that they are in different cities.*

*Sarah's eyes slowly fill with tears. She ducks her head and starts walking towards the door...*

## **Do you want to know how this story ends?**

There are many directions this story could go, but at Eagles Nest we know that as Caleb gets the help he needs, his story will have a better ending.

At the HOPE Centre, kids like Caleb work with a certified counsellor to discover what is causing their feelings. They also learn tools to manage their emotions and healthier ways to communicate. Parents like Sarah learn strategies to help support their child. All our services are free or at minimal cost, making sure everyone can access them.

## **Will you partner with us and support our child and youth programs?**

Your donation will help kids like Caleb and mothers like Sarah get the support they need.

Why donate to Eagles Nest?

- We know family dynamics and relationships. We have been working with families for over 15 years and know that with counselling, coaching and support, things can get better.
- We are local. We are helping families right now in our community.
- We are a small non-profit. When you donate to us, your donation goes to work immediately.

## **Fast forward 5 years and how is Caleb doing?**

With your partnership this Christmas, you can help determine that.

Donate today to make a lasting impact in the lives of families like Sarah and Caleb.

*Thank you for your support.*