

What is the greatest gift you have ever received?

Remember the anticipation coming down Christmas morning and trying to figure out what was under the tree? Where were the Hot Wheel tracks you had put on your list? Did you get the Barbie playhouse you had been longing for?

Maybe you got to open your gifts right away or maybe your family had another gift opening tradition, but there was something about the waiting, longing and hoping that made Christmas even more special than any other gift-giving time of the year.

This Christmas, we want our families to get exactly what they have been hoping for: the gift of their identity.

Identity is knowing who you really are. Your most authentic and true self. Being secure in your own worth and your own value.

Why is this so important? If you don't know your own identity, you believe what other people are telling you about yourself. Sadly, for many of our clients, what they are hearing from other people is destructive and damaging: you are worthless, it is your fault I had an affair, you aren't smart enough to do that... the list goes on and on.

At the HOPE Centre we help clients figure out what is truth, what are lies and most importantly, who they really are. When you know who you really are and your own significance, you value yourself and can start to make healthier choices. At Eagles Nest we know that figuring out who you really are is the first step towards a better future.

I learned so much about myself...I cleaned lies out of my head. I have more respect for myself.

I realized that I am trying so hard to be someone I'm not; trying to be who I think people want me to be. There has been such freedom in discovering me.

Breaking through the lies and discovering me equals freedom.

This Christmas will you partner with us in bringing hope, healing and truth to our community?

Your donation this Christmas goes directly to fund the supports and services we offer at the HOPE Centre: counselling, coaching and programs like Boundaries, Positive Parenting and the HEART program for kids, all offered for free or at an accessible cost.

Your donation breaks a cycle of lies, doubt and destruction that a client is feeling right now and gives them the gift of truth, hope, health and transformation. Your donation creates a better future.

Thank you for your support,

Amanda DeVries and Eagles Nest Staff

Eagles Nest
Association of Waterdown

HOPE Centre and Rescued & Restored
PO Box 1391 Waterdown, ON Canada L0R 2H0
905.689.8721 | eaglesnestwaterdown.ca | info@eaglesnestwaterdown.ca

